



Emily Olson Certified Music Practitioner

Live therapeutic music can provide emotional, spiritual, mental, and physical comfort for a loved one in the hospital, nursing home, or hospice care. Therapeutic music is tailored to a patient's immediate needs and requires no physical or verbal interaction.

Even patients who are sedated, cognitively-impaired, or at the end of life can benefit from the calming effects of therapeutic music.

Benefits of Therapeutic Music

Slows down and calms heartbeat and respiration rate

Moderates stress-related hormones and anxiety

Reduces muscle tension and improves body motion

Stimulates the immune system

Promotes a feeling of well-being and peace

Emily Olson

734.395.2696

emilyolson.427@gmail.com

- ▶ 20 years of professional performance experience
- ▶ Certified Music Practitioner, Music for Healing & Transition Program
- ▶ Master of Music in Flute Performance, University of Michigan
- ▶ Bachelor of Music in Flute Performance and Music Education, The Ohio State University

*Where words fail,
music speaks.*

Hans-Christian Andersen

Emily plays and sings therapeutic music to foster healing and strengthen the spirits of patients and their caregivers. She has served a variety of healthcare settings, including Arbor Hospice, Beaumont Health System, and the University of Michigan Health System, along with several retirement communities and private clients in Southeast Michigan.

