

# A child entering foster care will often move 2-3 times within the first year

and an average of 7 times during their foster care experience. Typically, they use **trash bags** to move their belongings.



Help us give the children a

## Journey Bag

These are large, rolling, suitcase style duffel bags filled with comfort items. Journey Bags send a message: you matter, you are not trash.



### Art / Stationary

Journaling and coloring can be a relaxation tool, a way to express feelings, and place to keep track of court dates, visitation, and therapy appointments.

- Journal / Notebook
- Crayons / Markers
- Coloring Books
- Color Pencils



### Comfort Toys

A stuffed animal to cuddle and squeeze - we often provide a Dream Lite to children for a nightlight - many foster children are afraid of the dark because of night traumas.

- Stuffed Animal / Soft Toys



### Bedding

A warm, soft blanket to have a familiar feeling in a new bed, in a new room, surrounded by new people.

- Warm Blanket



### Toiletry Kit

Some children are too nervous or embarrassed in a new home to ask for what they may need. Providing toiletries gives them the chance to have their own kit while they adjust.

- Toothbrush / Toothpaste
- Deodorant
- Hair brush / Comb
- Feminine Hygiene Products
- Soap | Body Wash



### Socks

Warm fuzzy socks or a pair of flip-flops

- Warm Socks
- Flip-Flops

Join the

## Mission

Visit Fostering Hope's website to view our Journey Bag wish list.

[FOSTERINGHOPEOHIO.ORG/GIVE](http://FOSTERINGHOPEOHIO.ORG/GIVE)



[hope@fosteringhopeohio.org](mailto:hope@fosteringhopeohio.org) | 216.633.7798