

Emily Olson Certified Music Practitioner

Live therapeutic music can provide emotional, spiritual, mental, and physical comfort for a loved one in the hospital, nursing home, or hospice care. Therapeutic music is tailored to a patient's immediate needs and requires no physical or verbal interaction.

Benefits of Therapeutic Music

Slows down and calms heartbeat and respiration rate

Moderates stress-related hormones and anxiety

Reduces muscle tension and improves body motion

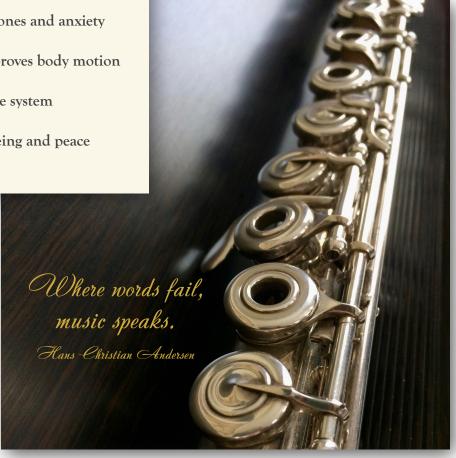
Stimulates the immune system

Promotes a feeling of well-being and peace

Emily Olson 734.395.2696 emilyolson.427@gmail.com

- 20 years of professional performance experience
- Certified Music Practitioner,
 Music for Healing &
 Transition Program
- Master of Music in Flute
 Performance, University of
 Michigan
- Bachelor of Music in Flute
 Performance and Music
 Education, The Ohio State
 University

Even patients who are sedated, cognitively-impaired, or at the end of life can benefit from the calming effects of therapeutic music.



Emily plays and sings therapeutic music to foster healing and strengthen the spirits of patients and their caregivers. She has served a variety of healthcare settings, including Arbor Hospice, Beaumont Health System, and the University of Michigan Health System, along with several retirement communities and private clients in Southeast Michigan.